| Name | Surname | Position | Organisation | Email Address | Work Phone Number | Suburb | Message | Position 1 | Position 2 | Position 3 | Facebook or website |
|-------------|---------------|------------------|-------------------------------|---------------------------------------|-------------------------|----------------|--|--|--|--|--|
| Helen | Morley | Country Programs | | hmorley@cotasa.org.au | 1800 182 324 or 8232 04 | | Join existing COTA SA volunteers in the region who are helping their communities | i osition 2 | Volunteer Aged Care Navigator | Volunteer Aged Care Navigator | facebook.com/COTASouthAus/ |
| cicii | , | Officer | 23 | oric y el cottada.org.au | | towns of | to understand, navigate and engage with the aged care systems including My | | | - 1. anteen riged care inavigator | |
| | | | | | | Wattle Range | | | | | |
| | | | | | | Council and | · · · · · · · · · · · · · · · · · · · | | | | |
| | | | | | | the South East | | | | | |
| | | | | | | | | | | | |
| Devile | Teornia | Editor | Panehnert Pull | beachportbulletin@gmail.com | 0420 909 744 | Pond | The Reachast Bulletin is a con-multi-semiletters to the first test | Co aditors | Droof randors | | |
| Paula | Tsernjavski | Editor | Beachport Bulletin | beachportbulletin@gmail.com | 0439 808 741 | Beachport | The Beachport Bulletin is a community newsletter put together by local | Co-editors | Proof readers | | |
| |] | | | | | | volunteers. It is published once a month to provide information to surrounding area and also provides support to local community organisations | | | | |
| | | | | | | | | | | | |
| Lorraine | Williams | Chairperson | Beachport Old Wool | ntbeachport@outlook.com | 0437 380 833 | Beachport | Beachport Old Wool and Grain Store Museum is a Branch of the National Trust of | Front reception desk with shifts | Computing skills to input our database | е | |
| | | | & Grain Store | | | | South Australia and as such we are not a profit orgnisation. We are staffed entirely | | | | |
| | | | Museum (NTSA) | | | | by Volunteers with no paid staff. We are open every day between 10am and 4pm | to 4pm | | | |
| | | | | | | | except for Christmas Day and Good Friday. | | | | |
| Michael | Bleby | President | Friends of Canunda & | forests@bigpond.com | 8733 4552 | Canunda | Friends of Parks groups are community based volunteers who work in genuine | Maintenance of walking trails, | Construction of Fencing, signage, | Control of declared weeds in Parks and | https://friendsofparkssa.org.au/members/members-directory/friends-of-canunda-and-beachport-parks/ |
| ····iciidei | , | co.uciit | Beachport Parks | socie orgpona.com | | | partnership with National Parks and Wildlife Service. | picnic and camping areas, | marker posts, etc. | Reserves | market, market por canada and the carrier of the canada and the ca |
| Bruce | Gregory | Captain | Coonawarra CFS | bruce@majellawines.com.au | 0409 670 139 | Coonawarra | Coonawarra CFS has an opportunity for a community minded active able-bodied | General firefighting duties from | You could possibly be working under | Some training is required for your | https://www.fire-brigade.asn.au/Station_Display.asp?Service_Code=SACFS&Station_Code=CNWR |
| | | | | | | | people to join the brigade. | | temperature extremes assisting with | safety. | |
| | | | | | | | | fighters on your appliance or you | traffic control at an incident. | | |
| | | | | | | | | could be called to assist in loading water bombers. | | | |
| | | | | | | | | water pullipers. | | | |
| Anne | Childs | Secretary | Glencoe Sporting Club | cachilds1@bigpond.com | 0438 013 467 | Glencoe | Glencoe is a family friendly sporting club in a picturesque location offering tennis, | Help in BBQ on match days | Help prepare meals on Thursday | y Help behind the bar on match days | Facebook.com/glencoefootballandnetballclub/ |
| | | | | | | | cricket, football and netball. | | nights | | |
| Judith | Hummerston | | Kalangadoo Farmers | jhummers@bigpond.net.au | 8739 3293 | Kalangadoo | , | Stall assistants | Light gardening | | Facebook.com/kdoofarmersmarket/ |
| | | | Market | | | | produce. There is also a cafe which sells an enticing array of baked goods. | | | | |
| | | | | | | | Any profit is contributed back to the community. | | | | |
| Jamie | Ryan | Secretary | Kalangaroo Football | secretary.kalangadoofc@gmail.c | 0407 974 863 | Kalangadoo | The Kalangadoo Football Club exists to provide community members with the | Game Day Volunteers | Canteen Volunteer | † | Facebook.com/kalangadoofnc/ |
| | , | , | Club | , , , , , , , , , , , , , , , , , , , | | | opportunity to play Australian Rules Football in a safe, sustainable, positive and | | | | |
| | | | | | | | non-threatening environment. We pride ourselves on the family-oriented | | | | |
| | | | | | | | atmospher and culture at the Club. KFC is a recognised Star Club. | | | | |
| M | M/hitabaa 1 | Cocrata | Lake Borrer | lakohannay@f | 0420 257 744 | Lake De- | Family friendly sporting dub | Holping in co-t | Cardoning meiatages and the | d Conoral maint | Facebook com Sports Venue / aka Rangoy Sporting Claus |
| Meagan | Whitehead | Secretary | Lake Bonney Sporting Clavs | lakebonney@safga.org.au | 0429 357 711 | Lake Bonney | Family friendly sporting club | Helping in canteen | Gardening maintenance on the ground | d General maintenance on equipment | Facebook.com Sports-Venue/Lake Bonney Sporting Clays |
| Nel | Jans | Coordinator | | junctioncoord@gmail.com | 0477 886 450 | Limestone | The South East Junction is an activity and resource centre which organises | A reliable and committed | | | Facebook.com/thesejunction/ |
| | - | | Junction, Mental | | | coast | activities for people with mental health issues. These activities take place in our | | | | |
| | | | Health Activity and | | | | groups in Mount Gambier and Millicent. We also organise activities for the | | | | |
| | | | Resource Centre Inc. | | | | general public to improve the mental well-being of our communities. Lifeboat and | and Wellbeing Group in the | | | |
| | | | | | | | the Limestone Coast Meditation Community are affiliated with the Junction. | activities organised for Millicent. | | | |
| | | | | | | | | Training will be mainly on the job. | | | |
| | | | | | | | | | | | |
| Evonne | Lambert | Coordinator | AC Care Millicent | evonne@accare.org.au | 8735 5700 | Millicent | The Millicent Community Centre is a multi function office with a range of ac.care | Client Support Officer | | | https://www.accare.org.au/community-and-learning/millicent-community-centre/ |
| | | | Community Centre | | | | services, a Service SA Rural Agent/ Service Agent, Dept Human Services Agency | '' | | | |
| | | | | | | | and a location for other organisations to provide their outreach services. ac.care | | | | |
| | | | | | | | services available from the Millicent Community Centre include: •Children's | | | | |
| | | | | | | | Contact Service • Emergency Accommodation • Emergency Relief • Family Support | | | | |
| | | | | | | | •Financial Counselling •NILS (No Interest Loans) | | | | |
| Clara | Walker | Director | Gladys Smith Early | childcare@wattlerange.sa.gov.au | 08 8733 3030 | Millicent | The Centre is a Wattle Range Council sponsored Community Service providing | Gardener | Handyperson & Painter | <u> </u> | https://www.wattlerange.sa.gov.au/living-here/childcare-and-education/gladyssmithearlylearningcentre |
| | | | Learning Centre | | | | Education and Care for children aged from 6 weeks to 6 years. The Centre is a long- | | .,, | | , |
| | | | | | | | day-care service with a capacity for 60 children. We believe in creating | | | | |
| | | | | | | | environments supportive of an ongoing culture of sustainability, connectedness | | | | |
| | | | | | | | and inclusion, and helping children in developing a positive sense of self, | | | | |
| Sheila | Boyle | Chairperson | Lake McIntyre | nsboyle@bigpond.com | 0409 624 174 | Millicent | community and wonder. We are responsible for the area known as Lake McIntyre and the board is a | Adopt a garden bed | General gardening | + | https://www.wattlerange.sa.gov.au/our-council/committees/lake-mcintyre-management-committee |
| Silend | Soyic | Chan person | Management | | 0.050241/4 | ciit | volunteer group who look after this wetland for the Wattle Range Council. We | , work a garden bed | ocherur gurucinnig | | naces of a second secon |
| | | | Committee | | | | plant on a regular basis native trees and shrubs to encourage wildlife to the area. | | | | |
| | | | | | | | We are continually beautifying the area while still trying to keep some sections as | | | | |
| | | | | | | | natural as possible. | | | | |
| Carolyn | Sutton | Manager | Learning Together | carolyn.sutton@sa.gov.au | 0457 866 843 | Millicent | Learning Together is a Department for Education family learning and support | Handyman | Cleaner | Early childhood | https://www.facebook.com/pages/category/Education/Learning-Together-Millicent-578622788881492/ |
| | | | | | | | program for families with children aged birth to 5 years old. It is a strength based program which engages families with their child's learning. Our program offers | | | | |
| | | | | | | | educator supported playgroups, outreach programs, adult learning and parent | | | | |
| | | | | <u> </u> | <u> </u> | <u> </u> | groups. | <u> </u> | <u> </u> | <u> </u> | |
| Grace | Keatley | Secretary | | showofficemillicent@bigpond.co | 0459 333 560 | Millicent | We would value any time you can spare to help us keep run this loved community | | Indoor display set-up | Gardeners & Ground Maintenance | Facebook.com/millicent.ahp |
| <u> </u> | | ć | Society Inc | | 0420 002 2 2 | | event. It's your Show, become a part of it. | learn how to do it | A | | Freshood and to the U.S. |
| Amy | Maynard | Secretary | Millicent Business | millicentbca@gmail.com | 0439 883 040 | Millicent | The Millicent Business and Community Association raise the profile of businesses and industries within the Millicent District. We provide opportunities for | | | | Facebook.com/millicentbca/ |
| | | | Community Association | | | | promotion and networking to increase social and economic prosperity. The | | | | |
| | | | | | | | organisation meets on the fourth Tuesday of every month at 7pm at various and | | committee. | | |
| | | | | | | | all are welcome to attend. | | | | |
| Lisa McCou | Karla Werchon | | Millicent Cancer | lisamccourt@bigpond.com | 0407872587 or 04393314 | Millicent | All volunteers welcome to join the group. Meetings held monthly on the last | Assist with organisation of fundrais | Assist with promotion and distribution | | |
| | | President | Support Group | or karlawerchon@gmail.com | | | Tuesday of the month. | | of information for fundraising events. | Day Walk, Fathers Day Walk etc | |
| Michael | Bleby | Musical Director | Millicent Choral | forests@bigpond.com | 08 8733 4552 | Millicent | The Choral Society is about the enjoyment of singing together and performing | Accompanist | Singer | Singer | |
| ····iciidei | | as.car birector | Society | socie orgpona.com | | | regularly. Local concerts, Choral Festivals, Carols, singing to Churches on occasions | | | | |
| | | | | | | | and singing for Senior Citizens, are all part of our music making through the year. | | | | |
| | | | | | | | The repertoire is varied and ranges from the Baroque to the present day. | | | | |
| Com | Foncom- | Carratani | Millicont Comment | millaumaluh@ar==il ==== | 0402 257 150 | Milligant | The Millicent Compactics Club provides a set service see the skilds at the | Mous gum oquings = + + - + - f | Move gum equipment into according | + | Escapade com/Millicont Compartics Club |
| Sam | Fensome | | Millicent Gymnastics Club | millgymclub@gmail.com | 0402 257 158 | Millicent | The Millicent Gymnastics Club provides a safe environment for children to learn gymnastics in Kindy Gym, Tiny Tods, Gym Skills and Competition Classes | Move gym equipment out of gym hall on Sunday before Millicent | Move gym equipment into gym hall on Sunday after Millicent Show | | Facebook.com/Millicent Gymnastics Club |
| | | | | | | | o, | Show | | | |
| Beccy | Field | President | Millicent Lioness | lionbeccy@gmail.com | 0438 334 630 | Millicent | Fun, fellowship & fundraising. We meet on the 1st Wednesday of the month for a | Members | Members | Members | Facebook.com LionessClubOfMillicent |
| | | | | | | | dinner meeting and the 3rd Wednesday of each month for a business meeting. | | | | |
| | | | | | | | We work closely with Lions Club of Millicent on many projects. We run a very | | | | |
| | | | | | | | successful bookshop, do occasional catering, make 'emergency hospital bags'; | | | | |
| | | | | | | | volunteer for meals on wheels, and run a market stall at Harvey Norman Markets | | | | |
| | | | | | | | locally, raising money for prostate cancer. | | | | |
| Dave | Taylor | Secretary | Millicent Lions | lions.millicent@gmail.com | 0417 348 341 | Millicent | Lions Club of Millicent is a highly motivated service club that commits itself and its | Lions Club Member (Female or | | | Facebook.com/Millicent Lions club |
| | | · | | = 9 | | | members to building a better community. | Male) to engage in community | | | |
| | | | | | | | | activities and building better | | | |
| | | | | l | l | l | | communities. | l | 1 | |
| | | | | | | | | | | | |

| Barry | Long | Chairman | Millicent Museum | millicentmuseum@gmail.com | 0428 334 494 | Millicent | Rated as one of the best regional museums in South Australia. Run by a fanstastic band of volunteers. On site displays substancial costum collection & state horse | General cleaning and maintenance | Skilled carpenters and metalworkers for restoration jobs | General filing, typing and cataloguing jobs | Facebook.com/MillicentMuseum/ |
|---------|----------|-------------------------------|--|--------------------------------------|--------------|------------------|---|--|--|---|--|
| Simone | Berry | Secretary | Millicent Racing Club | millicentracingclub@gmail.com | 0459 428 291 | Millicent | drawn vehicle collection. The Millicent Racing Club holds its annual cup meeting The Millicent Cup once a year in Mount Gambier at the end of May. Our local track is located at We have a track on the outskirts of Millicent for local and regional trainers and a training | Ground keepers and maintenance | Gate keepers on race day (once a year) | | Facebook.com/Millicent-Racing Club |
| Heather | Lowndes | Regional Manager | Millicent Shooting Starz Girl Guides | heather_lowndes@hotmail.com | 0428 334 028 | Millicent | facility. Girl Guides is a global organisation for Girls and young women. In Millicent girls aged from 7 are encouraged challenge and develop their minds and bodies as they have fun in a supportive environment. The program is girl led and it includes service to the community, outdoor activities as well as skill development in many areas. A senior Guide group now meets fortnightly in Penola for high School aged girls from all over the Limestone Coast. | Leader | Sewing bags and sashes | Camp cook, fundraising | Facebook.com/MillicentGirlGuides/ |
| Mel | Teagle | Secretary | Millicent Squash | millicentsquash@gmail.com | 0428 161 198 | Millicent | The Millicent Squash Club has club pennant on Monday nights from 7pm. The club | Players | Players | | Facebook.com/Millicent Squash Club |
| Sue | Lines | Secretary | Millicent United | Secretary@millicentunitedsc.com | 0407 344 595 | Millicent | welcomes new members of all skill levels Millicent has male and female soccer teams accommodating players from 4 to 50 | Bar Manager and Bar workers | Canteen Manager | Sports Trainers | Facebook.com/millicentunitedsoccerclub/ |
| Sheryl | | | Soccer Club | manager5thefm@live.com.au an | | Millicent | years old. We are a Community Radio Station that provides the communities within the | Presenters/Producers | Clerical/ Administrators | Caretaker/Cleaner | Facebook.com/STHE FM 1077 Millicent |
| Sheryi | Lowe | ivialiagei | RAUIO 31 HE FIVI 107.7 | manager striemmemve.com.au an | 0400 250 664 | winicent | We are a community nation station that provides the communities within the Wattle Range Council area with quality community orientated radio programming including music, entertainment, companionship, relevant local issues and offering an overview of state, national and world matters. | Presenters/Producers | Ciencaly Auministrators | Caletakel/Cledilel | Facebook.Collijo i ne FWI 1077 Willincent |
| Stacey | | Manager Volunteer Services | Resthaven Inc | volunteer@resthaven.asn.au | 8373 9036 | Millicent | Working together for outstanding care and support for older people and their carers. In the Limestone Coast area Resthaven provides community services support for older people to: - remain living at home - stay independent and in charge of their life. As a Resthaven volunteer, you can share: Companionship, Creativity (art, craft, photography), Entertainment (games, cards, music) and Wellbeing (walks, excerise, social support). | Visitor/Companions | Group Supporters | | Facebook.com/resthaven.sa/ |
| Maureen | Barnes | Manager | Saint Vincent De Paul | vinnies-millicent@svdpsa.org.au | 0413 296 376 | Millicent | The Society aspires to be recognised as a caring Catholic charity offering "a hand up" to people in need. We do this by respecting their dignity, sharing our hope, and encouraging them to take control of their own destiny. | Shop Assistant | Delivery/Pick up assistant | Shop Assistant | |
| Liza | Counzen | Principal | St Anthony's Catholic Primary School | couzl@sta.catholic.edu.au | 8733 3479 | Millicent | School volunteers require to have a Dept of Human Services Working With Children (DHS WWC) clearance and Responding to Abuse and Neglect in Education Care Online Training - 40mins | Listening to reading. | Assist with student activities | Student supervision for events/excursions | Facebook.com/stanthonysmillicent/ |
| | | Secretary | Mount Burr United Football Club | secretary@mtburrfc.com.au | | Mount Burr | | Sponsorship & Fundraising Co- ordinator: Approach businesses seeking sponsorship for projects and funding football operations. Organising fundraising opportunities. Sourcing and completing grant applications. | Committee Members: Work within a team of like-minded people to manage the operations of a football club, including budgets and finances, administration, legalities, conforming to regulations, rosters, organising events and fundraising, managing club members. | and fun within a competitive team environment. Positively develop player's skills, fitness, attitudes and game strategies. | Facebook.com/mountburrfootyclub |
| Tasja | | Centre Manager Headspace | Headspace | <u>TasjaB@unitingcommunities.org</u> | 0419 238 716 | Mount Gambier | Headspace Mt Gambier provides early intervention mental health services to 12- 25 year olds. The service is designed to make it as easy as possible for a young person and their family to get the help they need for problems affecting their wellbeing, it also provides opportunities for young people to participate as a volunteer in various programs including the Youth Reference Group and the Youth Ambassador Program. | Youth Ambassador Program Volunteer (18-25 years) | Youth Reference Group Volunteers (12-25 yrs) | | Facebook.com/headspace Mount Gambier |
| Raelene | - | Client Support Officer | Red Cross Transport | grgeorge@redcross.org.au or sa | 8725 3622 | Mount Gambier | Global humanitarian organisation delivering services to the communities across the Limestone Coast. Regional Services Manager, Limestone Coast, Mid Murray and Riverland David Walshaw dpwalshaw@redcross.org.au | Volunteer drivers | | | Facebook.com/LimestoneCoastRedCrossCommunity/ |
| Alan | Ferguson | Secretary | Nangwarry CFS | alan.ferguson@sacfsvolunteer.o | 0475 013 718 | Nangwarry | Nangwarry CFS has an opportunity for a community minded active able-bodied people to join the brigade. Recently received new 3x4 applicance. | | You could possibly be working under temperature extremes assisting with traffic control at an incident. | | https://www.facebook.com/nangwarrycfs/ |
| Anne | Miller | Chairperson | Penola Coonawarra Acoustic Music Gathering | ocgathering@gmail.com | 0434 536 297 | Penola | after the long weekend in March. It involves many volunteer hours by the board and community members to be able to run such a successful event. | collect and sell tickets for the event and camping. Majority will be prepaid. To direct attendees to appropriate camping sections and | Hosting Musician's Retreat and Instrument lock up: As host for the Musicians Retreat you are there to provide food and beverages to the performers and to keep all visitors away to manage their privacy. Also to receive and store musical instruments for attendees. Tickets are placed on instrument and corresponding ticket is given to the owner for retrieval | make sure rubbish and bottles are put in bins and keep the site tidy. | Facebook.com/PenolaCoonawarraAcousticMusicGathering |
| Annie | Kilsby | Secretary | Penola Croquet Club | amtk101@hotmail.com | 0409 191 383 | Penola | Small croquet club requiring members. Coaching and equipment is available | Players | | | |
| Bill | Murray | Secretary | Penola Medical | bjmamurray@bigpond.com | 0417 813 058 | Penola | A group formed 22 years ago to support the provision of Medical Services in | Gardening maintenance | Gardening maintenance | Committee member | |
| Annie | Kilsby | Secretary | Support Group Penola Players | amtk101@hotmail.com | 0409 191 383 | Penola | I | Actors | Helpers | 1 | |
| Annie | Kilsby | Secretary | Penola Ukulele Group | amtk101@hotmail.com | 0409 191 383 | Penola | one show per year. A small group of ukulele enthusiasts who enjoy the sheer pleasure of making | Players | | 1 | |
| Nicole | Reschke | Secretary | (PUG) Riddoch Business & | riddoch@penolacoonawarra.con | 0405 352 064 | Penola | music together. The RBCA is a not-for-profit incorporated organisation run by volunteers aiming to | | Social Media | Builder/Handyman | https://penolacoonawarra.com/riddoch-business-and-community-association/ |
| | - | , | Community Association | | | | member businesses and fostering the growth and leadership capabilities of our community. | | | | |
| Tanya | Mourbey | | Tandara Lodge of Penola & District Inc | tandara-lodge@bigpond.com.au | 0417 872 276 | Penola | Not-for-profit organisation providing rental accomodation for independent living retirees | General assistance | | | |
| Geoff | Yates | | Noorla Yo-Long Blue Light Youth Program | nylmanager@nylse.org.au | 0408 899 396 | Rendelsham | Blue Light (SA) Inc Noorla Yo-Long Blue Light is a not for profit youth program wit | Garden Beautification Projects | Garden Beautification Projects | General Grounds Keeper | https://www.noorlayo-long.com.au/about |
| Dawn | Williams | Secretary | Rendelsham Hall Management Committee | dawnbkkp@bigpond.com | 0409 095 479 | Rendelsham | Look after all upgrades and maintenance of the Community Hall and hold social functions | Secretary/Treasurer | Assist with events | | |
| Sallie | Chambers | President | Southend Community Club | salliechambers@outlook.com | 0427 348 028 | Southend | The Southend Progress Association coordinates the Community Club & Centre and hold working bees for the benefit of the Southend community. | Working bees on a very ad hoc basis depending on projects and availability of people | Friday and Saturday nights during summer months to help in the kitchen or bar of the community centre and occasionally for special events | | Facebook.com/southendprogress/ |

| Marg | Chapple | Secretary | Wattle Range Suicide | wattlerangespn@gmail.com | 08 8733 1733 | Wattle Range | We are all volunteers and all are welcome to join our network. Our aim is to | Event volunteers | Event volunteers | Event volunteers | Facebook.com/WRSPN/ |
|------|---------|-----------|----------------------|--------------------------|--------------|--------------|---|------------------|------------------|------------------|---------------------|
| | | | Prevention Network | | | | empower our communities through information, conversation and caring. We | | | | |
| | | | | | | | hold public events of public speakers, fundraising and having information stalls at | | | | |
| | | | | | | | events. Volunteers are needed to support these events. | | | | |
| | | | | | | | | | | | |