

# **NOORLA YO-LONG**

## Our Mission

To assist individuals develop personal skills in the area of leadership, self esteem and motivation.

To assist groups and oganisations with the development and maintenance of an overall team environment and the realisation of the teams full potential.

To achieve our mission we have developed highly effective training programs to enhance individual and team effectiveness.

# Our Programs

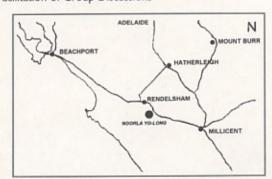
We have developed one of the most advanced adventure training facilities in Australia on a 20 acre site near Millicent in the South East of South Australia. We have in excess of 70 ground based obstacles, a high ropes course as well as 60 foot absailing tower.

These physical obstacless combined with the natural features, compliment our greatest asset, the facilitators.

As well as our active outdoor team activities we have developed a comprehensive range of proven indoor training methods which generate a powerful and exciting environment where significant personal and team learning occurs.

#### Methods

- Group Problem Solving
- Grand Obstacle Based
- Non Obstacle Based
- High Ropes Course
- Absailing Tower
- Trust Building Exercises
- Office Workshops and In House Programs
- Facilitation of Group Discussions





## Please call us today at

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