

BEACHPORT BULLETIN

Founding supporters include Beachport Rivoli Bay Lions Club, Beachport Hotel Social Club, BDDB, Wattle Range Council and Beachport Primary School



‘RESTART A HEART’ DAY

A ‘Restart a Heart Day’ familiarisation session was held on Monday 16th October at the Beachport Hotel.

With 10 defibrillators located around the Beachport community, this was a great opportunity for locals to meet the Beachport Community first responder SA Ambulance team and practise CPR skills.

Beachport has a small team of volunteers and we’d be interested in hearing from anyone else who

would like to support their community. SAAS provides training, uniform and your costs such as fuel are covered while you are a member. Rosters are flexible, you can commit when it works for you.

If you would like to find out more, please have a chat with the local Volunteer Team Leader Linda Carter-Shepherd or give the Volunteer Support Unit a call on 1300 175 584. Flyers are also available in The Store.



COMING EVENTS

November

- 20th **Bulletin submissions close**
- 25th **Surf Life Saving Club House Official Opening**
- 27th **Bulletin printed**
- 28th **Boat License Course**



NEW AED AT ROTUNDA

Beachport now has a new AED (Automated External Defibrillator) and cabinet which has been donated by the Beachport Meals on Wheels group.

Installed earlier in the month by the Sea Urchins group, the defibrillator is registered and readily accessible to community members 24/7.

When ringing 000 in the case of a cardiac arrest, callers will be directed to the closest accessible defibrillator.



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OUT AND ABOUT IN BEACHPORT



ABOVE & RIGHT: Some of the happy volunteers at the National Trust Beachport Museum.



ABOVE: Surf was up in front of the Beachport jetty on the weekend

Medical Centre Beachport

The GP service for permanent Beachport residents will begin on Thursday 3rd August.

In addition to their Millicent appointments:

Dr Claire Thompson will consult on Thursdays

Dr James Bushell will consult on Mondays

We are unable to routinely Bulk Bill at this stage.

For appointments please phone 87 355 300



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BEACHPORT SURF LIFE SAVING CLUB

Beachport Surf Life Saving Club will have an official opening of their clubhouse at the Surf Beach next month.

More details will be posted on the club's social media pages in the coming weeks and tickets are now available online to club and community members.

Catering will be provided for by Mean Feedz Spit Roasted with meats and salads.

The club will also be hosting a boat license course at the Lions Shed next month. Bookings can be made online via the Facebook page or Surf Life Saving SA page.

Club members are currently training, in preparation for the coming season.

If you are interested in joining the club, more details can be found on the Beachport Surf Life Saving facebook page.



you're invited

CLUB HOUSE OPENING

SATURDAY 25TH NOVEMBER 2023

4PM - 9PM

BEACHPORT SURF LIFE SAVING CLUB

BYO Drinks

DINNER BY

Tickets at
www.eventbookings.com/b/event/club-house-opening
 must be pre-purchased for catering purposes

CAKE BY
Baked @Beachport



BOAT LICENCE COURSE

Surf Life Saving SA (SLSA) is South Australia's major coastal water safety, drowning prevention and rescue authority. Surf Life Saving creates a safe environment on and off our beaches, through patrols, training programs and education. Surf Life Saving is a unique not-for-profit charity and community service that exists only through community donations, fundraising, corporate sponsorship, and government grants. Our vision is ZERO preventable drowning deaths in South Australian Waters.

NEW COURSE LOCATIONS | *SPECIAL OFFER - \$129

Monday 27th November - Beachport

Tuesday 28th November - Mount Gambier

(All courses run from 5:00pm - 8:00pm)

Anyone who operates a recreational vessel with an engine in South Australia, including a personal watercraft (PWC) is required to have a boat operators' licence. We are the approved and recognised State Government provider for SA Boat Licence Courses. Don't pay hundreds of dollars elsewhere.

- Face to Face education & training presented by experienced presenters
- Presentation and assessment conducted in the one 3-hour workshop
- SA Government approved and recognised
- Participants must be 16 years of age

Course contents include

Boat terminology, collision & give way rules, licence & permits, planning & preparation, lifejacket laws, SA water & weather conditions, navigation, boating on the Murray, ferries & flags, water skiing, breakdowns, emergencies, speed limits, alcohol & drugs, registration, PWC, environmental issues and conservation.

On successful completion of the course, you will be issued a statement of attendance which can be presented at a Service SA Office to receive your boat licence.

BOOK HERE



CLUB HOUSE OPENING

tickets now available via

BEACHPORT SURF LIFE SAVING facebook page



VOLUNTEERS NEEDED

Calling All Volunteers!
We Need Your Help!

Our club is looking for dedicated individuals to join us in our mission to make a positive impact in our community.

CONTACT US NOW

For More Information :
beachportslsc.com.au
beachportslssa@gmail.com

BEACHPORT GOLF CLUB JUNIOR CLINICS

A total of 13 aspiring golfers attended the 2-hour Free Junior Golf "Come & Try" Day held at Beachport Golf Club on Friday 13th October.

The Golf Australia program, sponsored locally by Robe & District Community Bank & Iberdrola, provided coaching by Mt Gambier golf Professional, Craig Davis in all aspects of the game.

From the enthusiasm of the juniors, the program was well received.

The coaching session was followed by a free sausage sizzle for the participants & their families.

Thanks must go to our sponsors, who enable the club to provide the equipment & engage a golf professional to give an expert introduction to the great game of golf.



WEEDING OUT THE SEA WHEAT GRASS

Over the last 2 years a group of volunteers from Mount Gambier, Millicent and Beachport participated in a Coastal Weeds Project between Kingston and the Victorian border.

The aim of the project was to investigate coastal weed infestation impacting on shorebird nesting along the coast, to trial weed eradication measures and reintroduce native species at designated trial sites.

A group of volunteers, led by coordinator Tania Rajic, surveyed the coastal dunes from Kingston to the border photographing and uploading coordinates of targeted weed species to a central data site.

This was followed up by an aerial survey which matched the data gathered on foot to the aerial photos enabling an accurate picture of the location and extent and of the various invasive species alongside the native vegetation. Trial and control sites were pegged out and later planted with spinifex seedlings cultivated by 'Southern Ground' native plant nursery. It is hoped that eventually the native spinifex will replace the invasive sea wheat grass at these sites, reducing erosion caused by it and return scarce habitat for our threatened and endangered shore birds.

N&J Freight

Contact Kerrie for all your freight needs
0408 838 027



BEACHPORT COMMUNITY NOTICES

Answer the call.
Join our team of Ambulance Volunteers in Beachport
 Your local ambulance service is looking for **new volunteers**.
 Give back to your community, learn new skills, and make friends.
 Call 1300 175 584 to find out more.
saasvolunteer.sa.gov.au





Uniting Church of Beachport
 wishes to invite anyone who would like to join us for a 4 week advent study by Max Lucado "Because of Bethlehem".
 Commencing Tues the 28th Nov at 10:30am at the Uniting Church. All welcome.
 For more details contact Judy Skeer on 0438 835 834



Any dead or injured wildlife found
 Please contact Narelle Marshall—
 a representative of Fauna SA on
 0417 304 743
 Accepting all native animals
 including: marsupials, birds,
 reptiles, echidnas and bats




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ENROLMENTS NOW OPEN!



ENROL AT
VACSWIMSA.COM.AU
 Beachport program: **Tues 2nd – Sat 6th January 2024**
 for school children aged 5 –15 years



1. CALL 000



2. PUSH



3. SHOCK

BEACHPORT DEFIBRILLATOR LOCATIONS

- ♥ Beachport Medical Services
- ♥ Beachport Hotel
- ♥ Beachport Rotunda (NEW)
- ♥ Beachport Boatyard
- ♥ Beachport Bowling Club
- ♥ Beachport Primary School (school hours only)
- ♥ Beachport Golf Club
- ♥ Beachport Caravan Park
- ♥ Beachport Surf Life Saving Club
- ♥ Muggleton Bus Shelter

THANK YOU TO THE BEACHPORT HOTEL SOCIAL CLUB FOR ONGOING SUPPORT REPLACING PADS/BATTERIES FOR THE COMMUNITY AED'S

CFS BEACHPORT



Our local CFS unit is looking for volunteers for their highly regarded service. There are many and varied roles to fill from manning phones to fighting fires.

For more information contact:
Shaun Uotila on 0407358028

BEACHPORT –RIVOLI BAY LIONS CLUB

Community use of Lions equipment for hire includes:
 Community Bus, Cool Room on Trailer, PA System,
 Cement Mixer, Tandem Trailer (10'x 5'), BBQ trailer,
 Marquee (6 x 3m), 40 Tonne Wood Splitter, 20L Urn,
 Transportable BBQ's inc 4 burner, 2 burner and Webber,
 Blowmould Trestle Tables and Plastic or Steamer Chairs,
 15.5KVA Gen Set on trailer, Moveable Stages,
 Double Mobile Toilets on Trailer, Fence panels and stabilisers

For more details and bookings please contact either



BEACHPORT MUSEUM

Winter opening hours.

Open daily from 10am—3pm 1st June to 1st Sept.

Admission: \$5 Adults \$4 Concession \$2 Child

Or come and browse our 2nd hand books and bric-a-brac.

CHURCH SERVICES

Uniting Church 11am every 2nd and 4th Sunday.

Anglican Service 1.30pm every 3rd Sunday (@ Uniting Church)

St Brigid's Catholic Church @ 11am every Sunday :
Communion service or Mass.

CRAFT GROUP

Every Thursday from February in the supper room of the cinema from 11am. BYO textile crafts e.g. quilting, embroidery, knitting, spinning etc. and spend the day in companionship with others and enjoy a shared lunch.

BOWLING CLUB

Thursday night social bowls from 5:30 pm 5th October 2023 to the end of Daylight saving in 2024.

Pennant bowls every Friday and Saturday except for the Christmas break. Contact Adrian Young for Club information.

Phone numbers are available at the Beachport Information Centre.

BEACHPORT—RIVOLI BAY LIONS CLUB

Lions members meet every 1st and 3rd Thursday, usually at the Lions Shed, Golf Course Road.

For further info. contact secretary on 0427 837 274



BEACHPORT GOLF CLUB

Men's competition tee-off in winter at 1.00pm. Sundays.

Ladies welcome.

Wednesday: 10:00 am tee-off ladies

2:00pm Men's 9 holes

Ladies no Sunday competition.

Visitors welcome.



Beachport Film Society

Screening 4th Feb
MOVIES CURRENTLY NOT SCREENING
\$14 for non-members
Beachport Cinema—Railway Terrace



Pulled Chicken

2-3 chicken breasts

1 onion

1 carrot

1 apple

Any chicken/meat rub you like. (I use homemade veggie stock powder)

Place chicken in base of slow cooker. Put a generous sprinkling of rub over the chicken. Add roughly chopped vegetables. Add another generous sprinkling over the top. Add ½ of water. Cook on low for 4-6 hours, stirring

occasionally. Serve the pulled chicken mixture with salads, sour cream in wraps, taco or rolls.

I cook mine in the Tupperware Microwave Pressure cooker. Cook 25 minutes at 700 watts. Add ½ cup water. Pull and mash the chicken and vegetables. To serve, I add 2-3 teas homemade taco seasoning mix (less salt) and serve in taco shells with coleslaw, pineapple, grated cheese and sour cream/yoghurt sauce. You can add hot taco sauce.

This freezes very well.

BEACHPORT SEA URCHINS

All Welcome

Swimming - 7:30am daily from the Rotunda



BEACHPORT DISTRICT DEVELOPMENT ASSOCIATION

BDDA meet at the Beachport Institute on the third Wednesday of each month. 7pm.

Contact details email: bddainc@gmail.com

BUGS (BEACHPORT UKELELE GROUP)

Thursday mornings 10:00am

All welcome. Contact Pam on 0421 172 119 or Irene on 8735 8608 for more venue details. All Welcome.



BEACHPORT HOTEL SOCIAL CLUB

Friday night:

Raffle/ Draws at 7:00 and 7:30 pm



DANCING @ BEACHPORT

Tuesday 9.30—10.30 at the Rec Hall

Call Gayle King 0450 881 607

Get fit while you learn and have fun!!



YOGA

Mondays at the Recreation Hall. 10-11am.



All information was correct at the time of publication and is subject to alterations.



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Community Help Lines

Alcohol and Drug Info Service	1300 131 340
Beyond Blue	1300 224 636
Cancer Council Helpline	13 11 20
Gambling Helpline	1800 858 858
Healthdirect Australia	1800 022 222
Kids Helpline (up to 25)	1800 551 800
Lifeline Australia	13 11 14
Men's Helpline	1300 789 978
Mental Health Triage Line	13 14 65
Parent Helpline	1300 364 100
Poisons Information Centre	13 11 26
Quitline	13 78 48
Youth Healthline	1300 134 719
STANDBY 24hr Mob Response Service	0437 752 458

SMYTH 0408 211 965

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Dinner 6-8pm
Dine in or takeaway
Social Club Friday nights
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TAB and Pokies


Bookings 08 8735 8003
Takeaway menu available on our website
www.beachporthotel.com Orders placed from 4pm.

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From the Editors

The Bulletin is usually published online on the **4th Monday of every month**. Submissions close on the **Monday of the week prior to publication**. Please refer to front page for deadline and next edition dates.

Submissions can be made via email to: beachportbulletin@gmail.com